2023 USATF Ozark Association Open Outdoor Track \& Field Championship
For men (16+) and women (14+) athletes in USATF

2023 USATF Ozark Association Masters<br>Outdoor Track \& Field Championship<br>For men (30+) and women (30+) athletes in USATF

Participation in 2023 USATF Track \& Field Championships requires a current membership in USATF; if not a member must obtain membership online at www.usatf.org

Entries: All entries must be entered through the Online Entry Link
All Entries are due by 6/21/2023 at 12:00:00 AM
Entry Fees
per athlete:
\$20.00* for one event
$\$ 25.00^{*}$ for two events
$\$ 30.00^{*}$ for more than three
-*All fees do not include the credit card fee charged by the entry site.
Meet
Program: Heat/Flight Sheets
Meet
Questions: Peggy Rowold
peggy.rowold@gmail.com
Entry
Questions: Rich Schilling rich@trxctiming.com


| 9:00 a.m. | Long Jump | women (men to follow) | final |
| :---: | :---: | :---: | :---: |
| 9:00 a.m. | High Jump | men (women to follow) | final |
| 9:30 a.m. | Shot Put | women (men to follow) | final |
| 9:30 a.m. | Discus Throw | men (women to follow) | final |
| 10:00 a.m. | 4x800m | women (men to follow) | final |
| 10:30 a.m. | Triple Jump | men (women to follow) | final |
| 10:30 a.m. | Pole Vault | women (men to follow) | final |
| 11:00 a.m. | Javelin Throw | women (men to follow) | final |
| 11:00 a.m. | 5000m Race Wal | men (women to follow) | final |
| Noon* | $4 \times 100 \mathrm{~m}$ | women (men to follow) | final |
|  | 1500 m | (men to follow) | final |
|  | 80m | women (men to follow) | final |
|  | 100m H | women (men to follow) | final |
|  | 110m H | men | final |
|  | 400m w | (men to follow) | final |
|  | 100m w | (men to follow) | final |
|  | 800m | (men to follow) | final |
|  | 5000m w | (men to follow) | final |
|  | 200m w | (men to follow) | final |
|  | $4 \times 400 \mathrm{~m}$ w | (men to follow) | final |

*Remaining running events begin at noon and will follow this sequence as each event is completed.


